



Pelvic Congestion Syndrome

When dilated pelvic veins cause chronic pain

Lower abdominal pain without a clear cause? Could pelvic congestion syndrome be behind it?

Chronic lower abdominal or pelvic pain can have many causes. One of them is pelvic congestion syndrome (PCS). In this condition, blood pools in dilated veins within the pelvis, which can lead to a persistent feeling of pressure and pain.

Typical Symptoms

- Chronic lower abdominal or pelvic pain
- Pain after prolonged standing or sitting
- Feeling of pressure, pain after sexual intercourse, or cycle-dependent symptoms

What is embolization for pelvic congestion syndrome?

Dilated veins with abnormal blood pooling are specifically closed using a fine catheter. This can reduce the venous congestion.

An often overlooked cause –
treatable with minimally
invasive methods.

**PLEASE FEEL FREE TO
CONTACT US.**



Calculate your probability of suffering from Pelvic Congestion Syndrome (PCS):

- Lower abdominal pain for more than three months (3 points)
- Varicose veins at the vaginal entrance (2 points)
- Varicose veins on the legs (2 points)
- Increased pain (e.g., due to upright body position, sexual intercourse, or menstruation) (1 point)
- One or more childbirths (1 point)
- Diseases of the uterus, ovaries, bladder, and bowel unlikely (1 point)

A score of 6 or more points indicates that PCS is likely.

How does the treatment work?

Through a small access point, usually in the groin or neck, a thin catheter is guided into the affected veins. The dilated veins are then closed off using specialized materials.

Potential Benefits

- Targeted treatment of the affected veins
- No open surgery
- Treatment of a frequently unrecognized cause of pain

Important to know

Chronic pelvic pain requires thorough medical evaluation. Not all pelvic pain originates from the veins. Diagnosis is usually performed via ultrasound, MRI, or CT, alongside a targeted clinical assessment.

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In case of doubt, the German
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